



Michigan Model for Health & MDE Social Emotional Learning Crosswalk Guide (Grades K-12)



The **Michigan Model for Health™** curriculum meets the **Michigan Department of Education (MDE)** Health Education Standards for **Social Emotional Learning (SEL)**. The Health Education Standards reflect legal requirements, best practices, and current research in the teaching and learning of health education.

This **Michigan Model of Health™/SEL** Crosswalk was developed by integrating the Grades K-12 **Social and Emotional Health (SEH)** units and the High School **Skills: A Strong Foundation** unit with the 17 SEL Competencies and Indicators. Explicit and implicit connections are evident.

Lessons	K-2 SEH Unit	3-5 SEH Unit	6 SEH Unit	MS (7-8) SEH Unit	HS (9-12) Unit 1 Skills: A Strong Foundation	HS (9-12) Unit 2 SEH
Self-Awareness						
1A. Demonstrate an awareness of their emotions.	K – L 4, 6 1st – L 2 2nd – L 1, 2	3rd – L 1 4th – L 1, 2 5th – L 1, 5, 11, 12	L 1, 10	L 1, 4, 5, 6, 14	L 18	L 1, 2
1B. Demonstrate an awareness of their personal traits, including their strengths and interests.	2nd – L 4	3rd – L 3 5th – L 11, 12	L 1, 6, 10	L 1, 4, 14	L 18	
1C. Demonstrate awareness of their external supports.	K – L 3, 8 1st – L 7 2nd – L 8, 9	3rd – L 1, 2 4th – L 8, 9 5th – L 3, 7, 9, 11, 12	L 6, 10	L 3, 4, 9, 10, 11, 14	L 18	L 4, 5, 8, 9, 10
1D. Demonstrate a sense of personal responsibility.	K – L 8 1st – L 8 2nd – L 8, 9	3rd – L 8 4th – L 1, 2 5th – L 1, 5, 9, 11, 12, 13	L 6, 10	L 2, 4, 6, 12, 13, 14	L 18	L 1, 10



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Self-Management						
2A. Identify and manage their emotions and behavior constructively.	K – L 5, 6 1st – L 1 2nd – L 1, 7	3rd – L 5 4th – L 1, 2, 3 5th – L 1, 5, 11, 12	L 2, 3, 4, 5, 10	L 2, 5, 6		L 2, 3
2B. Demonstrate honesty and integrity.	1st – L 8 2nd – L 8, 9	3rd – L 8 4th – L 3 5th – L 7, 8, 11, 12	L 2, 3, 4, 5, 7, 8, 9, 10	L 3, 6, 14		L 7, 8, 9
2C. Set, monitor, adapt, evaluate goals to achieve success in school and life.	1st – L 7, 8 2nd – L 8, 9	3rd – L 8 4th – L 6, 7, 8, 9 5th – L 7, 8, 11, 12, 13	L 10	L 3		L 3



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Social Awareness						
3A. Demonstrate awareness of other people’s emotions and perspectives.	K – L 6 1st – L 1 2nd – L 1, 6	3rd – L 1, 4 4th – L 3, 5, 6, 7, 8 5th – L 3, 4, 5, 6, 9, 10, 11, 12	L 2, 3, 4, 5, 6, 8, 9	L 4, 5, 6, 7, 8, 9, 10, 11, 12, 14		L 5
3B. Demonstrate consideration for others and a desire to positively contribute to the school and community.	1st – L 2, 5 2nd – L 5, 6	3rd – L 4, 6 4th – L 3, 5, 6, 7, 8 5th – L 3, 4, 5, 6, 9, 11, 12	L 2, 3, 4, 5, 6, 8, 9	L 4, 5, 6, 7, 8, 9, 10, 11, 12, 14		L5
3C. Demonstrate an awareness of different cultures and a respect for human dignity.		3rd – L 4, 5 5th – L 6, 9, 11, 12	L 5, 8, 9	L 5, 6, 7, 8, 9, 10, 11, 12, 14		L 5
3D. Can read social cues and respond constructively.	1st – L 1, 2 2nd – L 6	3rd – L 5, 6 4th – L 5, 6, 7, 8 5th – L 4, 5, 6, 7, 9, 11, 12	L 2, 3, 4, 5, 6, 8, 9	L 5, 6, 7, 9, 10, 11, 12, 14		L 5



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Relationship Skills						
4A. Use positive communication and social skills to interact effectively with others.	K – L 1, 7 1st – L 3, 4, 6 2nd – L 3, 6	3rd – L 2, 7, 8 4th – L 1, 4 5th – L 2, 4, 5, 6, 7, 8, 11, 12	L 2, 3, 4, 5, 7, 8, 9	L 5, 6, 7, 8, 9, 10, 11, 12	L 10, 11, 12, 13	L 6, 8, 9
4B. Develop and maintain positive relationships.	K – L 2 1st – L 6 2nd – L 4, 6	3rd – L 1, 2, 7, 8 4th – L 1, 4 5th – L 2, 4, 5, 6, 7, 8, 11, 12	L 1, 2, 3, 4, 7, 8, 9	L 5, 6, 7, 8, 9, 10, 11, 12, 13		L 6, 8, 9
4C. Demonstrate an ability to prevent, manage, and resolve interpersonal conflicts in helpful ways.	1st – L 5 2nd – L 4, 6	3rd – L 5, 7, 8 4th – L 1, 4 5th – L 2, 4, 5, 6, 7, 8, 11, 12	L 2, 3, 4, 5, 6, 7, 8, 9	L 5, 6, 7, 8, 9, 10, 11, 12, 13	L 14, 15	L 6, 8, 9



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Responsible Decision Making						
5A. Uses personal, ethical, safety, and cultural factors in making decisions.	1st – L 8 2nd – L 8, 9	3rd – L 8 4th – L 5, 6, 7, 8, 9 5th – L 7, 8, 11, 12	L 1, 6, 7, 8, 9, 10	L 6, 7, 8, 9, 13	L 5	L 3
5B. Develop, implement, and model effective decision-making skills to deal responsibly with daily academic and social situations.	K – L 8 1st – L 7, 8 2nd – L 8, 9	3rd – L 8 4th – L 5, 6, 7, 8, 9 5th – L 4, 7, 8, 11, 12, 14	L 7, 8, 9	L 7, 8	L 5	L 3
5C. Play a developmentally appropriate role in classroom management and positive school climate.	1st – L 8 2nd – L 8,9	3rd – L 8 4th – L 5, 6, 7, 8, 9 5th – L 4, 7, 8, 11, 12, 14	L 7, 8, 9	L 7, 8, 10	L 5	L 3, 10