

# Teaching Resources

The materials used in the *Michigan Model™* are divided into three types:

- **Health Education Resources:** Materials obtained from your Regional School Health Coordinator, Michigan Model for Health Clearinghouse (MMHC), or ordered from the vendor listed
- **Teacher Manual Resources:** Materials found in the manual, such as student worksheets, teacher references, and so on
- **Supplied by the Teacher:** Materials typically found in the classroom or school, such as pencils, writing paper, art supplies, and so on

If you have questions about any of the materials used in the *Michigan Model for Health™* or how to obtain them, contact MMHC.

Phone: 888-517-6195  
Email: support@michiganmodelforhealth.org

Following each item listed, the number of the lesson(s) where the item is used is indicated for your reference.

RESOURCES	LESSON NUMBERS									
	1	2	3	4	5	6	7	8	9	10
<b>Health Education Resources</b>										
• Video (two versions): <i>Understanding HIV/AIDS: Learn the Facts, Fight the Stigma, Stay Safe, Redefine Positive</i> (22 minutes) OR <i>Understanding HIV and AIDS</i> , (abstinence-only version), Human Relations Media (17 minutes) <sup>1</sup>	X									
• Poster: "Setting Goals for Health," MMHC				X				X		
• Poster: "Now You Know," MMHC							X			
• Poster: "Advocating for Health," MMHC									X	
<b>Teacher Manual Resources</b>										
<b>Student Worksheets, Handouts, Teacher Keys, and Teacher Masters</b>										
• Student Handout: "HIV Facts" (two versions: abstinence-based and abstinence-only)	X									
• Student Worksheet: "Vital STI Facts"		X								
• Teacher Key: "Vital STI Facts"		X								
• Student Handout: "Chlamydia Fact Sheet" (two versions: abstinence-based and abstinence-only)		X								
• Student Handout: "Herpes Fact Sheet" (two versions: abstinence-based and abstinence-only)		X								
• Student Handout: "Human Papillomavirus Fact Sheet" (two versions: abstinence-based and abstinence-only)		X								
• Student Handout: "Gonorrhea Fact Sheet" (two versions: abstinence-based and abstinence-only)		X								
• Student Handout: "Syphilis Fact Sheet" (two versions: abstinence-based and abstinence-only)		X								

<sup>1</sup>For information on how to obtain access the video:

- Michigan teachers, contact your Regional School Health Coordinator at [www.mishca.org/who](http://www.mishca.org/who).
- Teachers in other states, contact the MMHC 1-888-517-6195.

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• Student Handout: “Syphilis Fact Sheet” (two versions: abstinence-based and abstinence-only)		X								
• Student Worksheet: “Is It Risky?”		X								
• Student Worksheet: “Getting Help If You Need It”			X							
• Teacher Key: “Getting Help If You Need It”			X							
• Teacher Master: “Healthy or Not?”			X							
• Student Worksheet: “Finding Reliable Sources of Information or Assistance on the Internet” (Methods 1 & 2)			X							
• Student Worksheet: “Finding Reliable Sources of Information or Assistance in the Phone Book” (Method 3)			X							
• Student Worksheet: “Setting My Goal, Building My Fence”				X						
• Student Handout: “A Method for Goal Setting”				X				X		
• Student Worksheet: “Communicating Boundaries”					X					
• Teacher Key: “Communicating Boundaries”					X					
• Teacher Master: “Using Skills to Avoid a Risky Situation”							X			
• Teacher Master: “Using Skills to Escape a Risky Situation”							X			
• Student Worksheet: “Cut!”							X			
• Teacher Key: “Cut!”							X			
• Teacher Master: “Lifelong Friends”							X			
• Teacher Master: “Practice Scripts”							X			
• Student Worksheet: “Condoms: Use Correctly and Consistently”								X		
• Teacher Key: “Condoms: Use Correctly and Consistently”								X		
• Student Worksheet: “Setting My Goal, Reducing My Risks” (abstinence-based version only)								X	X	
• Student Handout: “Keys for a Future Free of HIV and STIs: Abstinence and Condom Use”								X		
• Student Worksheet: “Helping Others Protect Themselves”									X	
• Student Handout: “Advocacy Project Possibilities”									X	
<b>Family Worksheets</b>										
• Family Worksheet: “What Do You Think?”		X		X						
<b>Slide Masters</b>										
• Slide Master: “Fact or Myth?”	X									
• Set of Slide Masters: “Know the Facts” (two versions: abstinence-based and abstinence-only)	X									
• Slide Master: “STI Presentations”		X								
• Slide Master: “STIs and Youth”		X								
• Slide Master: “STI Information: Chlamydia”		X								
• Slide Master: “STI Information: Herpes”		X								
• Slide Master: “STI Information: Human Papillomavirus (HPV)”		X								
• Slide Master: “STI Information: Syphilis”		X								
• Slide Master: “STI Information: Gonorrhea”		X								
• Slide Master: “STI Summary”		X								
• Slide Master: “What Makes It Risky for HIV”		X								

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• Slide Master: “Is It Risky for HIV & STIs?”		X								
• Slide Master: “Is It Risky for HIV?”		X								
• Slide Master: “Agree or Disagree?”		X								
• Slide Master: “Healthy or Not? Directions”			X							
• Slide Master: “Common Symptoms of HIV”			X							
• Slide Master: “Common Symptoms of Other STIs”			X							
• Slide Master: “Be a Skeptic—Think and Question”			X							
• Slide Master: “Fences”				X						
• Slide Master: “Boundaries”				X						
• Set of Slide Masters: “Reasons to Plan How to Stay Within Boundaries”				X						
• Slide Master: “A Clear Goal Is SMART”				X						
• Slide Master: “My Long-Term Goal”				X						
• Slide Master: “My Short-Term Goal”				X						
• Set of Slide Masters: “My Tasks”				X						
• Slide Master: “My Progress”				X						
• Slide Master: “Did I Reach My Goal?”				X						
• Slide Master: “Behaviors Taylor Will Choose to Stay Within the Boundaries” (two versions: abstinence-based and abstinence-only)				X						
• Slide Master: “Behaviors Carla Will Choose to Stay Within the Boundaries” (two versions: abstinence-based and abstinence-only)				X						
• Slide Master: “What to Communicate”					X	X				
• Slide Master: “How to Communicate”					X	X				
• Slide Master: “Time to Communicate”					X					
• Slide Master: “Identifying Trouble”						X				
• Slide Master: “Effective Refusal Skills”						X				
• Set of Slide Masters: “Potentially Risky Situations” (optional)						X	X			
• Set of Slide Masters: “Come On Over: Part 1, Part 2, and Part 3”						X				
• Set of Slide Masters: “Getting to Know You: Part 1, Part 2, and Part 3”						X				
• Set of Slide Masters: “See You Tomorrow: Part 1, Part 2, and Part 3”						X				
• Slide Master: “Now You Know” (optional)							X			
• Slide Master: “Reality Check”								X		
• Slide Master: “Before Condom Use”								X		
• Slide Master: “Correct Condom Use”								X		
• Slide Master: “After Condom Use”								X		
• Slide Master: “Before Tooth Brushing”								X		
• Slide Master: “Correct Tooth Brushing”								X		
• Slide Master: “After Tooth Brushing”								X		
• Slide Master: “Steps for Goal Setting”								X		
• Set of Slide Masters: “In Summary...”									X	
• Slide Master: “One More Thing” (abstinence-based version only)									X	
• Slide Master: “Advocating for Health”									X	

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		1	2	3	4	5	6	7	8	9	10
<b>Student Self-Assessments and Peer Assessments</b>											
• Student Self-Assessment Rubric: “Getting Help If You Need It”			X								
• Student Self-Assessment Rubric: “Finding Reliable Sources of Information or Assistance on the Internet” (Methods 1 & 2)			X								
• Student Self-Assessment Rubric: “Finding Reliable Sources of Information or Assistance in the Phone Book” (Method 3)			X								
• Student Self-Assessment Rubric: “Setting My Goal, Building My Fence”				X							
• Student Self-Assessment Rubric: “Communicating Boundaries”					X						
• Student Self-Assessment Checklist: “Communicating Boundaries”					X						
• Peer Assessment Checklist: “Communicating Boundaries”					X						
• Student Self-Assessment Rubric: “Come On Over”						X					
• Student Self-Assessment Checklist: “Getting to Know You or See You Tomorrow”						X					
• Peer Assessment Checklist: “Getting to Know You or See You Tomorrow”						X					
• Student Self-Assessment Rubric: “CUT!”							X				
• Student Self-Assessment Checklist: “Practice Scripts–Getting to Know You or See You Tomorrow”							X				
• Peer Assessment Checklist: “Practice Scripts–Getting to Know You or See You Tomorrow”							X				
• Student Self-Assessment Rubric: “Setting My Goal, Reducing My Risks”								X			
• Student Self-Assessment Rubric: “Helping Others Protect Themselves”									X	X	
<b>Teacher References</b>											
• Teacher Reference–Assessment: “Assessment Rubric: Getting Help If You Need It”			X								
• Teacher Reference: “Discussion Notes for ‘Be a Skeptic–Think and Question’”			X								
• Teacher Reference–Assessment: “Assessment Rubric: Finding Reliable Sources of Information or Assistance on the Internet” (Methods 1 & 2)			X								
• Teacher Reference–Assessment: “Assessment Rubric: Finding Reliable Sources of Information or Assistance in the Phone Book” (Method 3)			X								
• Teacher Reference–Assessment: “Assessment Rubric: Setting My Goal, Building My Fence”				X							
• Teacher Reference–Assessment: “Assessment Rubric: Communicating Boundaries”					X						
• Teacher Reference: “Refusal Skill Review”						X					
• Teacher Reference–Assessment: “Assessment Rubric: Come On Over”						X					
• Teacher Reference–Assessment: “Assessment Rubric: CUT!”							X				
• Teacher Reference: “Things to Consider”								X			
• Teacher Reference: “Reducing the Risk With Correct Condom Use”								X			
• Teacher Reference–Assessment: “Assessment Rubric: Setting My Goal, Reducing My Risks”								X			
• Teacher Reference–Assessment: “Assessment Rubric: Helping Others Protect Themselves”									X	X	