


Closure: Summarize behaviors that prevent infection with HIV and STIs and benefits of choosing those behaviors. Assign homework.

2 minutes

Instructional Steps	Script and Detailed Directions
<p>Summarize behaviors that prevent infection with HIV and STIs and benefits of choosing those behaviors.</p>	<p><i>If a person wants to avoid HIV infection and/or STIs, what can he or she do?</i></p> <p>Answers:</p> <ul style="list-style-type: none"> • Abstain from sexual intercourse, whether you have had sex in the past or not. • Abstain from sharing needles and “works.” • Avoid kissing a person with mouth sores, or touching a person’s sores, blisters, or warts. • Refuse to use alcohol and other drugs. <div data-bbox="492 562 1487 869" style="border: 1px solid black; padding: 10px; margin-top: 10px;"> <p><u>Abstinence-Based Addition:</u></p> <p>Answer:</p> <ul style="list-style-type: none"> • Before having sex, talk to your partner about being in a long-term, committed relationship, for example marriage; make sure you and your partner get tested; and have intimate sexual contact with only one person who is not infected and is also committed to that relationship. • If you choose to have sex, use a latex or polyurethane condom consistently and correctly. </div> <p><i>What are some benefits of choosing these behaviors?</i></p> <p>Answers:</p> <ul style="list-style-type: none"> • You avoid or reduce the risk of getting HIV and other STIs. • You avoid or reduce the risk of passing HIV or STIs to your children in the future. • When you protect yourself from HIV and STIs by being abstinent, you are also protected from pregnancy. • You avoid or reduce the risk of getting infections that might keep you from being able to have children later. You avoid or reduce the possibility of infecting a future partner. <div data-bbox="492 1264 1487 1459" style="border: 1px solid black; padding: 10px; margin-top: 10px;"> <p><u>Abstinence-Based Addition:</u></p> <p>Answer:</p> <ul style="list-style-type: none"> • When you reduce your risk of infection with HIV and other STIs by using a condom consistently and correctly, you are also greatly reducing your risk of pregnancy. </div>
<p>Assign homework using the family worksheet, “What Do You Think?”</p> 	<p>Instruct students to place the student worksheet, “Vital STI Facts,” in their folders for use with Lesson 9.</p> <p><i>Take your student worksheet, “Is It Risky?” home with you and discuss it with your adult family members or another trusted adult. See if they can place the check marks in the correct boxes.</i></p> <p>Distribute the family worksheet, “What Do You Think?” to each student.</p>

Parents and other family members have a lot of influence on us. For your homework assignment, you are to interview a parent and record their ideas about sexual behavior on the worksheet. If a parent is not available, you may interview another trusted adult. When finished, have the adult sign the worksheet and show it to me. I will not keep the worksheet, but I do want to see that you completed the assignment. You can also cut off the signatures and return only the signatures to me. Then, place the worksheet with your interview notes in your folder. It is due by (insert date you will teach Lesson 4).



The students will be able to use the information gained from this homework assignment in Lesson 4.

Introduce the next lesson on getting help and locating reliable information.

In our next health lesson, we will learn where to go to get help and how to access reliable information.

