

# Michigan Model Meets National and State Health Education Standards

National Health Education Standards <sup>1</sup>	Michigan Health Education Standards	Michigan Model Curriculum
Students comprehend functional health knowledge to enhance health.	All students will apply health promotion and disease prevention concepts and principles to personal, family, and community health issues.	 <b>Core Concepts</b>
Students analyze the influence of family, peers, culture, media, technology, and other determinants on health behaviors.	All students will analyze the influence of family, peers, culture, media, and technology on health.	 <b>Analyzing Influences on Health</b>
Students demonstrate health literacy by accessing valid and reliable health information, products, and services to enhance health.	All students will access valid health information and appropriate health-promoting products and services.	 <b>Accessing Valid &amp; Reliable Information</b>
Students demonstrate effective interpersonal communication skills to enhance health.	All students will demonstrate effective interpersonal communication and other social skills that enhance health.	 <b>Interpersonal Communication</b>
Students demonstrate effective decision-making skills to enhance health.	All students will use decision-making skills to enhance health.	 <b>Decision Making</b>
Students demonstrate effective goal-setting skills to enhance health.	All students will use goal-setting skills to enhance health.	 <b>Goal Setting</b>
Students demonstrate observable health and safety practices.	All students will practice health-enhancing behaviors and avoid or reduce health risks.	 <b>Self-Management</b>
Students advocate for behaviors that support personal, family, peer, school, and community health.	All students will demonstrate advocacy skills for enhanced personal, family, and community health.	 <b>Advocacy</b>

<sup>1</sup>National Consensus for School Health Education. (2022). National Health Education Standards: Model Guidance for Curriculum and Instruction (3rd Edition) [www.schoolhealtheducation.org](http://www.schoolhealtheducation.org) [michiganmodelforhealth.org](http://michiganmodelforhealth.org)